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I am

I am no thing

I am every thing

I am utterly vulnerable

I am totally indestructible

I am no mind

The mind is my child

I am no feelings

Feelings are my companions

I am no concept

Concepts are my relations

I am no conditioning

Conditioning is the dream

that was pulled down before my eyes

I am no form

Form is the shadow to keep me from the truth

I am the one life that pervades the entire universe

I have never been born

I will never die

I am emptiness

I am stillness

I am peace

I am joy

I am presence

In this awareness I release into

The benevolent flow of the divine love

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