

Publicerad 2010-09-11 14:38 av Nils Teodor

"Whoever one thinks one is,

that disappears in the awakening" Robert rabbin

Stay quiet and enjoy

Do not identify with any concept including the story of me

See that you are aware of these

but be clear about that you are not what you see

allow yourself to simply be

in the sense "I am"

Do not touch any concept

Immediately joy and space is here

in the intuitive conviction

"I am timeless, unbound Being"

This seeing is enough

Stay quiet and enjoy

Texten är utskriven från Poeter.se

Författaren Nils Teodor med Poeter.se id #28121 innehar upphovsrätten