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A poem/spoken word/slam/song

Dancing with the madness

My oh my

Oh my!

My heart says

- my oh my! You'd better move those feet!

How can you stand still? When your universe so beautiful
invites you to dance?

My oh my.....

Look at that forest!

Walk into the greenest of green - the leafs are bright and the sun is up
- what are you waiting for?

I stand there

...

My heart is racing
and I wanna run after it

- My oh my! What are you waiting for?

When no one sees - I sometimes cry
- hit by a reminder as I watch TV
that girl upon the stage - singing about being free and follow your own path

...

My heart is racing
I just wanna run after it

...

What hurts the most

is the constant reminder
of what I can do - if I only try

....

But I am so afraid
still listening to those voices from the past
still seeing what I once was told that I was
a loser without a future

I try to think of other things
my poems gives me wings to fly
far away from my own mind
into my little secret universe
but as I return - the pain remains

I hate complaining - explaining - being defensive
I just wanna let my guards down and rest for a while
And figure some of it out

Yet in the end - those are just excuses for not following my dreams
and I hold that against myself and I get angry and upset and very, very sad

Afraid of turning mad - after all this all I've got - this moment right now
so precious - oh so precious

I count my blessings every day
I love my people - they make my days brighter
they makes me see the fighter within me
the 'you can do it attitude - the you're good enough mentality
I count my blessings every day
- I love my people - they make my days brighter

I keep holding on to my dream - harder and harder - as if I was afraid it would slip through my hands and
disappear into the night and never return

...

My heart says

- my oh my! You'd better move those feet!
How can you stand still? When your universe so beautiful
invites you to dance?

My oh my.....

I close my eyes and open them - over and over again
I scream - but only I can hear it - it drives me slightly mad
it makes me quite angry - that I keep walking in circles
- over and over again

- So I start to dance

My oh my!

Turn up that music!

Because I am dancing my way through this night
dancing with the madness - letting it sweep me off my feet
- just for a second... and it feels so good - it feels so good

My heart says
- my oh my! You'd better move those feet!
How can you stand still? When your universe so beautiful
invites you to dance?

My oh my.....

Texten är utskriven från Poeter.se

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