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Jag hittade något från 2010 som hette "Diary of new structured life". Jag bodde i ett annat land då, men mycket var ändå likt mitt nu.

Old new structured life, returning

went very badly, due to bad choices on when to go to bed
a new (or reintroduced) flavor of Internet addiction

Loathing

while I looked towards Tuesday as when I would really start doing things right
some conflict with my mother

but unfortunately never got around to it

and I checked one other thing online that took literally 2-3 minutes

I will commit

work time today

very small exceptions

actual concentrated work

try to work with the radio on, but try to check

keep me from concentrating

hours of work excluding lunch

agreed on

shop for groceries

Signing out for now and going over to actual work (well, mailbox clearing)

Taking break

I get coffee,

a recent very unfortunate accident with my own computer

but I try to be careful

kind of happy

Cheating a bit on the evening routine

still in bed turning off the computer

Ok for today I guess, but

what's been said

better

compromising more and more

sleep

less than what is best for me

Texten är utskriven från Poeter.se

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