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The very Heart of awareness

"Unsupported and naked inner awareness,
Discursiveness cleared, the confidence of the view-
I have resolved this to be luminous emptiness.
Now birth and death no longer intimidate me."
Milarepa

The timeless flower of true power

is

already here

brilliantly clear

The very Heart of awareness

In a whisper of stillness and a song of silence

the waves fall back into their source

Clarity is found

no one is bound

Emptiness dances

Love sings

beyond all shallow things

The dawn of wisdom breaks the night

Truth is pure freedom in delight

simply as it already

is

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