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The Song of Life

"Awaken the mind without fixing it anywhere."

Diamond Sutra

Aliveness sings prior to things

So here

So clear

There is no need to struggle and travel far

to be what you already are

No need to identify

Simply stop

Let everything drop

Be truly free and uncaught

from the identification with thought

Life is naturally flowing in the Heart of knowing

The sacred flower of love is boundlessly open

its timeless beauty is singing as life itself

so fresh

so pure

alive simplicity

as it

is

is

is

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