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### **Will depression kill me?**

In a body that desperately breathe for life and a mind that wants to die.

Unconnected from everyone from everything and yourself.

Hunger and thirst for little hope.

Bones will break you, but worst mind will kill you.

Be aware of yourself now before it's too late.

Sleep away your problems works for some short period of time, not permanent.

Stop seek hate, seek love.

You will never be fully gone.

Trust your heart again.

No one can save you from yourself.

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