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## **The Ocean of lightless light**

"This pure mind,

The source of everything,

Shines forever and on all

With the brilliance of its own perfection."

-Huang Po

The waves of experience rise and fall

You are the aware stillness knowing them all

Wild boundless beauty          without a name

presently alive like fire in every flame

Thoughts and feelings dissolve

like paintings on water

In your present knowing

they are simply coming and going

The Heart of well-being is truly glowing

The water      is      wonderfully clear

Truth is always naturally here

Reason rests and joy

dances

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